

**Clwb Hwyllo  
Llyn Brenig  
Sailing Club**



## **RYA Dinghy Level 1 / Level 2 Training Courses - Information Sheet**

- 26<sup>th</sup> / 27<sup>th</sup> April 2025
- 24<sup>th</sup> / 25<sup>th</sup> May 2025
- 28<sup>th</sup> / 29<sup>th</sup> June 2025
- 26<sup>th</sup> / 27<sup>th</sup> July 2025

Thank you for your enquiry about the Llyn Brenig Sailing Club (LBSC) Dinghy Training Courses scheduled for 2025.

### **About us**

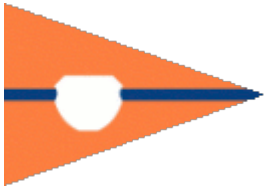
LBSC has been plying the waters of the Llyn Brenig reservoir since 1977, and is a small and friendly club that benefits - with its location and altitude of 1,200 feet above sea level - from

- No tides or currents
- No need to wash the salt off after every sail
- More reliable winds
- Less crowded water than most other inland locations
- Excellent boat storage facilities, and
- The beautiful surroundings (and attractions) of Welsh Waters' Llyn Brenig Estate



LBSC's ambition is to make it easier for those interested in sailing to access facilities that enable them to 'give it a go' without having to commit to the expense of a boat, equipment and membership fees up front.

We hold various activities through the year to provide such opportunities, including our Try Sailing Days, Royal Yachting Association (RYA)-accredited Sailing Training Days (such as those featured in this Sheet), a Saturday Club for juniors and an 'open door' policy for enquirers to request a visit to the site to get to know us and - if desired - take their first steps toward participation in this exhilarating sport.



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## **The Courses**

The Courses will last 2 days (approx. 16 hours in total) and are taught by RYA-accredited Dinghy Instructors under the supervision of a Senior Instructor.

Trainees will be taught in small, flexible groups to ensure that each receives the tuition and support that they need. Each trainee be trained and assessed against the RYA Level 1 syllabus, which includes rigging, wind awareness, ropework, sailing techniques & manoeuvres, launching and recovery, some sailing theory and background, clothing and equipment, meteorology and capsized recovery - with the aim of each qualifying for the RYA's Level 1 Dinghy Sailing Certificate.

Trainees whose aptitude and ability show sufficient progress will be taken on into the RYA Level 2 syllabus, which includes more advanced levels of rigging for weather conditions, ropework, sailing techniques and manoeuvres, close-quarter handling, launching and recovery, capsized recovery, introductory racing, meteorology, anchoring and safety equipment, with the aim of qualifying for the RYA's Level 2 Dinghy Sailing Certificate. Youngsters will receive the equivalent RYA Stage 1 and/or Stage 2 Certificates.

## **Personal Equipment**

Specialised equipment (wet suits, flotation jackets, helmets) will be available for loan at no cost - although trainees who have their own items of personal kit are welcome to use those, if they are deemed adequate by the Instructor.

Otherwise, warm, quick-drying, layered garments should be worn, with light-weight, non-slip footwear, reasonably 'grippy' gloves and a wind-proof outer layer (cagoule) being advised. You may also wish to consider some form of padding/protection for your knees, as you may well spend some time kneeling in the boats during the first stages of your development!

Wet loan items will be hung to dry within the clubhouse overnight - any items of your own may be similarly left, or taken home to dry.

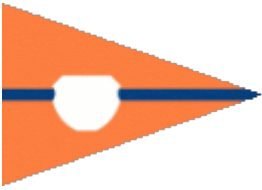
## **Facilities**

Our facilities include

- A modern and spacious clubhouse, with comfortable changing rooms (hot showers!), a fully-equipped galley (kitchen), and appropriate facilities for less-abled members (including lifts for access to the clubhouse and boats)
- A training fleet of Picos, Teras, Toppers, Optimists and Xenons
- Four safety boats
- Challenger trimarans for less-abled members
- Extensive boat and car parks
- A large concrete 'beach' and slipway for launching / recovery
- Two pontoons
- Large outdoor seating area overlooking the water (great for lunch on good weather days)
- Free wifi / internet access

## **Food and beverages**

The Courses do not include provision of food, although some light snacks will be available for purchase in the clubhouse, and more substantial sustenance is available at the Llyn Brenig Visitor Centre 400 metres away. Hot drinks will be provided free of charge. Most participants (and club members) just bring their own packed lunches / picnics. Microwave facilities are available in the galley.



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### Course Fees

The fees for the Course are set at £150 for adults and £100 for under 18s - however, a grant application is pending for funds to enable us to provide a 50% discount on these fees for participants who live within 15km of the club, or anywhere in Denbighshire. Until we learn of the success of this application, the full fee should be paid - we will refund the discounted element if the funding is approved.

### Club Membership

It is Club policy that you must be a member to attend a Course (for reasons of governance, insurance, etc), but in line with not expecting you to make too much of a commitment until you know you *want* to, we are offering free membership for the first 3 months following your Course, after which an annual membership fee (reduced to reflect the free 3 months and the late stage of the sailing year) would become due. Naturally, family groups of Course participants would qualify for a reduced Family Membership fee under the same rules.

### Applying to Participate

If you wish to apply for a place on one of these Courses, please contact [training@brenigsailing.club](mailto:training@brenigsailing.club). We will respond as quickly as possible to try and help you get yourselves organised early.

Further details on the club and its activities can be found on our website: <https://brenigsailing.club/>

### Meanwhile - keep on dreaming!

