

LLYN BRENIG SAILING CLUB

COVID-19 RULES AND INSTRUCTIONS

2021 version 5 – 5 October 2021

Compiled by LBSC Sub-Group & Reporting to the Main Club Committee:

1. Covid-19 remains a risk, especially indoors, and the Club should do everything reasonable to reduce the risk of transmission.
2. A register of attendance continues to be required for Test, Trace and Protect. The Officer of the Day (OoD) will place the Sunday register in the entrance to the changing rooms. Everyone attending on Sunday must sign themselves in. At the end of the day the OoD will send a copy of the register to sailing@llynbrenigsc.org.uk.
3. In Wales, **face coverings are a legal requirement** in indoor public places for everyone aged 11 or over unless exempt or eating or drinking. This applies to all areas of the clubhouse.
4. Whilst no longer a legal requirement, the club supports the Welsh Government's advice to maintain the 2-metre social distancing rule, especially when indoors. Some members are more concerned than others. You should always think about those around you and respect their space.
5. The patrol boat can resume boat recovery duties.
6. The requirement for sailors to be able to reliably and consistently right their boat is removed.
7. The restriction to prevent sailing above Force 4 is no longer required. As in pre-Covid times, the OoD will make Sunday sailing decisions based on weather conditions.
8. Frequent hand washing continues to be important.
9. Changing rooms can be used. Every effort should be made to adhere to the 2-metre guidance. Floor stickers indicate encouraged spacing.
10. Showers are not to be used.
11. All clubhouse doors and windows are to be left open to ensure maximum ventilation.
12. The galley may be used for shelter and for eating/drinking, and members may self-serve drinks and snacks with an honesty box for payment.
13. Each item of club equipment (boats, buoyancy aids etc) should be used exclusively by one household for the day and put away at the end of the day by someone from that household. Where equipment is used by another household the user should clean it before using it.
14. All members are required to submit a 2021 declaration regarding their understanding and acceptance of these rules. The current wording of the declaration, to be copied and pasted into an email to sailing@llynbrenigsc.org.uk is:

I agree not to attend the club if I have had Covid symptoms in the last 10 days.

I have read and understood the Club's COVID-19 rules and agree to comply with them at all times.

If I bring any guest or if I am the lead member for a family group, I will ensure that they also understand these guidelines and their responsibility to keep themselves and others safe from virus transmission.

[Name]

Members who have already made a 2021 declaration using the previous wording are not required to make another declaration using the above wording.